



## Vocabulary List for Food

### Year 7



| Vocabulary   | Definition  | Example   |
|--------------|---|---|
| Ingredients  | Foods that are combined to make a product.  | When you mix all of the ingredients together to make a cake.  |
| Evaluate     | To form an idea of a product you have made or to assess the results of an experiment.     | When looking at the food experiment you will be evaluating any changes made to the ingredients.   |
| Combinations | When you put different ingredients together to make a product.                            | You can have different combinations of flavours in products.  |
| Weighing     | To find out how heavy ingredients are typically using weighing scales.                    | When you weigh out different ingredients to make a product.   |
| Measuring    | A way of making sure an amount of liquid is accurate.                                     | You measure out liquid like milk or water and add to other ingredients to make a sauce.   |
| Nutrition    | The process of providing the food needed for good health and to help you grow.            | You need to have good nutrition to make sure you are healthy and do not get any illness later on in life.   |
| Recipe       | A set of instructions including a list of ingredients which you follow to make a product. | You will be given a recipe to follow when making a product like cupcakes  |
| Sensory      | This is relating to a sensation you get through the different senses when tasting food.   | When you taste different foods, you will be looking at them through different senses like taste, touch and smell by carrying out a sensory evaluation of those foods. |
| Procedures   | An action of doing something in the correct way.  | You will be following procedures when completing the different practical lessons.   |
| Aeration     | An introduction of air into a product.  | Your cake will rise through having air bubbles which is called aeration.  |

