

# Year 7: Prayer

## Knowledge Organiser

### Keywords:

<b>Adoration</b>	Prayers praising and showing your love and respect for God
<b>Asking</b>	Prayers asking God for something, particularly help
<b>Communication</b>	Exchanging information / getting in contact with something or someone
<b>Confession</b>	Prayers saying sorry for sins and asking for forgiveness
<b>Guidance</b>	Getting advice or information to help your with a problem or difficulty
<b>Hope</b>	A feeling of expectation and desire for a particular positive thing to happen.
<b>Informal</b>	Praying to God using more simple, everyday language.
<b>Missionary</b>	A person sent on a religious mission, especially one sent to promote Christianity in a foreign country.
<b>Monastic</b>	Relating to monks, nuns, or others living under religious vows, or the buildings in which they live.
<b>Prayer</b>	A way of communication and addressing God
<b>Rosary</b>	A set of prayers based on the Joyful mysteries, the Luminous and Sorrowful mysteries
<b>Thanksgiving</b>	Prayers giving thanks to God for blessings received

### Key Knowledge:

#### **What is Prayer?**

Prayer is communication with God in silence or aloud, with others or alone, using set prayers or informal prayer. It is The raising of one's heart and mind to God, a way of talking to God, thanking God for all that he has given us and asking God for our needs.

#### **Styles of Prayer:**

Personal prayer—praying privately and spending time alone in prayer with God

Public Prayer—Meeting with others to pray together

Meditation— Prayer that is often quiet, reflective and sometimes even repetitive where you focus your mind on something related to God

#### **Types of Prayer:**

**Adoration—Praising God**

**Confession—Admitting mistakes and saying sorry**

**Asking/ petition—asking for Gods help**

#### **How people pray?**

People may pray in a humble position, kneeling down, sometimes with hands pressed together. Some people stand to pray, whilst some people raise their hands to invite the Holy Sprit into their hands. Catholics use the Rosary to help them focus and direct their prayers.

#### **The Importance of Prayer:**

Why Pray? Communication with God (helps build a relationship). It's a natural part of daily life for many religious people. Helpful in an emergency situation. Jesus prayed to his father, so Christians follow his example by doing the same.

#### **The Rosary:**

Rosary beads help Catholics count their prayers. More importantly, Catholics pray the rosary as a means of asking God for a special favour, such as helping a loved one recover from an illness, or to thank God for blessings received.

#### **The Lords Prayer**

What is it? Jesus gave this prayer to his disciples when they asked him how to pray (it contains all the differ types of prayer)

When is it used? It is often recited in a church together with others. Some individuals say it when they are alone.

Why its it important? Jesus used it and Christians try to follow his example, it is a selfless prayer. It is used in all Christian traditions.

#### **OUR FATHER:**

*Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth, as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.*