



Vocabulary List for Food

Year 9



Vocabulary	Definition	Example
Vegetarian	A person who does not eat meat or fish for moral, religious or health reasons.	When a family member doesn't eat meat or fish, they only eat foods or meals that are classed as being vegetarian.
Pescatarian	A person who does not eat meat but does eat fish.	My family do not eat meat but love to eat fish, so they are pescatarian.
Vegan	A person who does not eat or use anything relating to an animal.	My friend only eats products that have been grown so they are a vegan.
Food Poisoning	An illness caused by bacteria or other toxins in food.	You can have a very bad case of food poisoning especially if you do not cook or reheat food correctly.
Cross - Contamination	The process by which bacteria or microorganisms are transferred from one product to another with harmful effect.	If you handle raw meat and have it touching cooked meat then it can cause infection and possibly make you ill if you eat the cooked meat.
Perishable	Food that is likely to decay or go bad quickly.	The storage of perishable foods is mainly kept in the fridge to try and make them last longer.
Microorganisms	A small bacterium that can be found on / in food	Microorganisms can grow on all uncooked foods, which is why they need to be cooked properly to make them safe to eat.
Prediction	The act of predicting something that may happen in the future.	Before you conduct an experiment, you make a prediction as to what you think will happen.
Modifications	The act of modifying / changing something.	When you make a product, you can modify it to improve the overall flavour.
Obesity	The state of being grossly fat or overweight.	If you do not eat a well-balanced diet then you may become obese and unhealthy.

